

The Jaffna House Friday Tradition: The Making of Puttu

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'The Jaffna House Friday Tradition: The Making of Puttu' depicts the significance of a weekly tradition in one (my) Sri Lankan Tamil household, where Lechumi, prepares Puttu, a traditional Sri Lankan food made of rice flour and coconut, every Friday. It highlights the meticulous process of coconut scraping and its incorporation into the recipe, which has been passed down to and through generations, including me. This tradition not only serves as a reminder of the importance, beauty and richness of family and food in South Asian culture but also represents the significance of cultural preservation and heritage.

As a Sri Lankan Tamil studying architecture at Central Saint Martins, my creative journey has led me to explore various artistic avenues in pursuit of becoming a recognized creative. Through my work, I aim to celebrate the rich and diverse cultural heritage of Sri Lanka while also pushing the boundaries of conventionality. This piece, "The Jaffna House Friday Tradition: The Making of Puttu" is a testament to the significance of family, food, and cultural preservation in South Asian heritage. Through this piece, I hope to inspire others to celebrate their cultural roots and explore new creative paths to make a lasting impact.



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