### COMMUNITIES NEWSLETTER

Students'

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## SUMMER IS HERE!

## **Yoga Launch!**

From May onwards yoga classes will take place Tuesdays. Sessions ran by a professional yoga instructor and all levels welcome!





whatsapp group and become a member

Exhibition

1st - 3rd May 2024 Toolkit Committee Elections: Voting

Don;t forget to vote in this years committee elections!

Voting Opens: 8th May Voting closes 15th May

#### Elite Athlete: Michaela Forgacova



Michaela competed at the British University championships representing UAL and came 2nd!!

#### Her Results....



Snatch 70 Clean and jerk 86 Total 156kg

Massive well done!

Got an idea for an exhibition but need some inspiration to make it a reality?

Then sign up for our FREE Exhibition Toolkit: three days packed with exhibition-making talks and workshops!

Link here!



WHATS ON





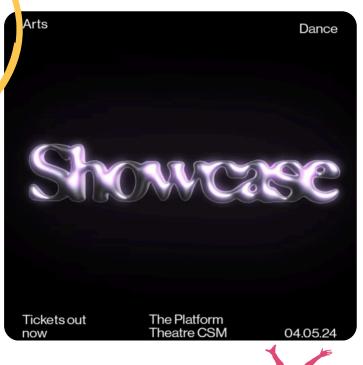
<u>Buy your</u> <u>ticket here.</u>



# Nominate for the awards!!

We want YOU to help us recognize the incredible contributions of your fellow peers. Nominate outstanding teams and individuals for awards in both sports and societies! Your nominations are crucial in making this event truly special.

> Link for sports nominations <u>here</u> Link for society nominations <u>here</u>



Last chance to secure tickets for UAL's Dance Showcase 2024! Tickets <u>here.</u>

Sports Development Coordinator: sports@su.arts.ac.uk Societies Development Coordinator: societies@su.arts.ac.uk Arts Active Coordinator: artsactive@su.arts.ac.uk Have a good summer!!!!