

Your Monthly Newsletter on all key information for you to know as a course rep
from the Students' Union

LATEST NEWS

Your Education Officer, Rachel Williams

Hi All,

Hope all is well and you enjoy the upcoming holiday season! As your Education Officer, I wanted to personally thank you for all the hard work you've put in this term as Course Reps. Your work is truly invaluable when it comes to our shared goal of representing student voices for positive change. This term the Sabb team has worked hard to achieve goals against our campaign priorities, such as getting university commitment on including racial trauma as a reason for extenuating circumstances and compulsory staff disability training. Next term we are looking to provide more opportunities for Course Reps to feedback on their experiences, that will continue to inform our campaigns and goals for the SU and UAL alike. Looking forward to working with you the rest of this academic year and happy holidays!

All the best,

Rachel



Course Reps

Rep Social

Thank-you to everyone who attended the Winter Rep Social, we had a great time getting to know you, making cards, plating games and indulging in the mulled wine, hot chocolate and sweet treats. We would love to hear your feedback from the social and any ideas you have for more events next term - please email us with your thoughts - course reps@su.arts.ac.uk



Student Dean Forum

Thank-you to everyone who attended the Student Dean Forums, we hope you found it helpful having the opportunity to speak directly with your Dean and hear what they will be doing to create positive change.

As soon as the Dean's respond with their actions, we will upload the minutes to [our website for you to read through](#).

We are always here to support you in your role and are always keen to know how your course committees are going and the feedback you have given. Please do use our rep drop ins or pop us an email if you would like to feedback your experiences or would like any support in your role.

Rep Facebook Group

We now have a Facebook group specifically for all UAL course reps, this will allow us to share important updates and opportunities with you and will give you a space to do the same and to meet your other course reps virtually and talk through any issues or questions you may be having about the role. [Join the Facebook Group here](#)

Skills Development Training

We will be running two more Introduction to being a Rep Skills Development Training Workshops in January for those of you who haven't been able to attend a session yet.

We are also hosting two information sessions for course reps to talk to the Advice and Clubs and Societies' teams. This will be your chance to hear what they have to offer and to ask them directly any questions that you and your peers may have

More information and the sign up links are on the [Arts SU Website](#).

We are planning to run some more development training sessions next term, is there any particular area that you would like us to focus on? Perhaps collecting and analysing feedback or public speaking. Please let us know if you have any ideas about specific topics you would like to know more about by emailing us at - course reps@su.arts.ac.uk

January Wellbeing Support

Course Reps will have access to the Arts Active programme on the week commencing 24th January, more information to be provided in the new year.

Arts SU

Arts Awards 2022 Nominations and Commission Call Out

The annual Arts SU Arts Awards nominations are now open, the awards give students the opportunity to recognise the UAL staff who have made all the difference to their experience at UAL. This is your chance to thank your tutors, lecturers, technical staff and support staff for all of their hard work and support.

There is also a category for Course Rep of the year which both students and staff can vote in.

For more information and the nomination form, [please go to our website](#).



Arts SU Advice

The Arts SU Advice Service will be closed from 20th December-5th January inclusive. University services will be closed 23rd-3rd January inclusive. If you have an ongoing case with us, we will pick up this on our return to continue working with you and offering support.

We understand that the holidays can still be a difficult time and that you may need to access support during this period. We've put together some resources below:

Mental health and wellbeing

The [Samaritans](#) is a telephone, email and visitor service for anyone who needs a space to talk and they have a 24-hour confidential listening service.

[Papyrus Hopeline UK](#) is a confidential helpline for young people dealing with suicide, depression and emotional distress. If you are having thoughts of suicide or are concerned for someone who might be you can contact HOPELINEUK for confidential support and practical advice.

[Kooth](#) services are available online without a waiting list or any need for referral. Joining anonymously takes 1 minute and allows you access to live chat and messaging with BACP qualified mental health professionals, self-help resources and support from the community.

In a life-threatening emergency, or if you are actively suicidal call 999 immediately or go to your nearest [Hospital Accident and Emergency dept.](#)

Housing, legal and money advice

For housing enquiries, advice and support, you can contact [Shelter](#) via phone, web-chat and also through their online resources. They are open weekdays, weekends and over the Christmas holidays.

The [Citizen's Advice Bureau](#) can help with a wide range of matters including benefits, money, work, housing and immigration. They have a variety of contact options from phone, live chat and in-person centres.

OPPORTUNITIES

Fancy getting paid to design the trophies, certificates or video for this year's Arts Awards?

Calls for commissions to design the trophies, certificates or video for the 2022 Arts Awards are now open.

For more information and the application form, [please go to our website.](#)

Policy Digest

Below we have included some suggested readings from different news platforms on the topic of higher education.

[UCU Strike Action: Info Hub](#)

[WonkHE PODCAST](#): Strikes, blended, transfers. This week on the podcast industrial action has begun across the sector - how should universities mitigate any impact on students?

[WonkHE](#): Online learning should not be used as a cost saving measure

BEFORE WE GO...

If you have any news or opportunities that you would like to include in the next Rep Newsletter, please get in touch - course reps@su.arts.ac.uk



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